



UNITED STATES OFFICE OF PERSONNEL MANAGEMENT

Washington, DC 20415

The Director

November 13, 2006

MEMORANDUM FOR CHIEF HUMAN CAPITAL OFFICERS

FROM: LINDA M. SPRINGER
DIRECTOR

A handwritten signature in blue ink, appearing to read "LMS", with a long, sweeping horizontal line extending to the right.

Subject: HealthierFeds "Leader Spotlights"

The Office of Personnel Management's (OPM) upcoming *2007: Year of the HealthierFed* initiative will encourage Federal agencies to create new and improve existing fitness and wellness programs for employees. As one component, the HealthierFeds website (<http://www.healthierfeds.gov>) will highlight Federal agency fitness leaders - employees who are setting a positive example or otherwise sharing a vision for improved employee health - in a "Leader Spotlight" section. We ask your help in identifying these champions in your agency.

The "Leader Spotlight" will showcase ways individuals can demonstrate commitment to a healthier workforce, such as:

- supporting workplace initiatives that educate employees and raise awareness about healthy living;
- attending internally sponsored events that promote employee health and/or encouraging employees to participate;
- serving as a role model by visibly demonstrating a personal commitment to healthy living;
- communicating employee health as an operational goal or in strategic plans; or
- emphasizing, in any number of ways, the importance of employee health.

We invite you to nominate individuals at any level in your agency who demonstrate this kind of leadership. For further information about "Leader Spotlight" nominations, please contact the OPM Work/Life Group at 202-606-1858 or worklife@opm.gov.

Agency leaders play an important role in achieving the vision of the HealthierFeds Initiative to promote healthy behaviors. We thank you in advance for your support and look forward to working together on creating a healthier Federal workforce.